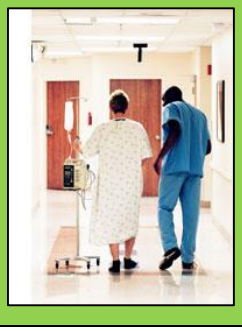
BMAT- Pediatrics

Recommended patient population: Patients age ≥ 4 years of age with ability to follow directions

Ensure activity order in place and safety screening clearance before assessing with BMAT

ASSESSMENT LEVEL 1 *SIT AND SHAKE* From a semi-reclined position, ask your patient to sit upright and rotate to a seated position at the side of the bed. Ask patient to reach across midline to shake your hand		**MOBILITY LEVEL 1** DEPENDENT
ASSESSMENT LEVEL 2 *STRETCH AND POINT* Ask patient to extend leg forward until it is straight at the knee. Ask the patient to point and flex foot/toes. Repeat with other leg if appropriate.		**MOBILITY LEVEL 2** MODERATE ASSIST
ASSESSMENT LEVEL 3 *STAND* Ask your patient to elevate off the bed or chair using an assistive device if needed. Patient should be able to raise buttocks off bed and hold for a count of five.		**MOBILITY LEVEL 3** MINIMAL ASSIST
ASSESSMENT LEVEL 4 *WALK* Ask your patient to march in place at bedside. Then ask patient to advance step and return each foot.		**MOBILITY LEVEL 4** MODIFIED INDEPENDENCE